

# The Secret to Manifesting the Home of Your Dreams

Have you ever attended a seminar or been super excited to read a new book about how to change your life and when you complete the seminar or book you feel slightly deflated? Like as though you really haven't learned anything you didn't already know? Almost as if the presenter or author is just regurgitating the same old truths? You are left wondering if you just wasted your time and money...

If you look up the word **“secret”** in the dictionary you will find the definition: *kept from knowledge or view. HIDDEN.* Although **“secret”** means to be kept hidden from view, most of the bestselling books on how to have the best relationships, make the most money, and live the life of our dreams contain the word **“secret”** in the title. If there are millions of books that have been sold (and read) telling us how to be happy and fulfilled, have the best relationships, and live the life of our dreams, then why is the word **“secret”** still in the title? Isn't some of this stuff truth by now?

It was after attending another seminar, and feeling deflated, that I finally understood the **“secret”**. Of course their material never changes; it's me that needs to change. My mindset, my emotions, my life, my passions, my fears, my limiting beliefs. The **“secrets”** or truth about life, happiness, abundance, and love never changes. This information is readily available in seminars, books, videos, and any other place I look. But, all of this information is mine for the taking.

Millions of people have manifested the relationship, home, job, and life of their dreams by applying clear and specific universal laws and principles to their lives. The laws of attraction, abundance, and intention have been effortlessly put to work by millions of people to create the life of their dreams. Although this e-book is about manifesting the home of your dreams, the same principles can be used to manifest anything your heart truly desires!

In a few short paragraphs I will share with you the five simple steps to manifest the home of your dreams. Before you read the steps remember that the **“secret”** to manifest the home of your dreams is YOU. Yes, You. You are the **“secret”** to manifesting the home of your dreams. Simply changing your thoughts and actions, setting an intention to buy the home of your dreams, identifying and stopping your

limiting beliefs, envisioning yourself in your new home, and getting out of the way so the Universe, Divine, God, The One, can take care of the details will manifest the home of your dreams. The best part about all of this is that it requires very little work! It's not like a 9 week weight loss plan, or some heavy college course, or learning a different language. A small shift in your thinking will create a major shift in your living! Believe me, it's the TRUTH! ☺

All of the steps listed below to help you manifest the home of your dreams should be effortless, easy, and fun. If the actions you are taking are not easy and fun, and make you feel like you are pushing a rock uphill—then you need to stop immediately! This is not about going against the flow, this is about stepping into the flow. It's about you living the life of your dreams and manifesting the desires of your heart.

The first step in manifesting the home of your dreams is to set the intention of owning the home of your dreams. This should sound very simple, because it is. The best part of this step is that you have done it before! Look around your life right now—where do you currently rent? How did you manifest this rental? How much are you paying for rent? How do you afford to pay the rent?

As you look around your current rental situation it should be clear what you've done to create your current living environment. You are currently living in the exact rental that you manifested based on how much you determined you could afford, your perceived standard of living, amenities that were important to you, etc. Now, this is very different than saying you've manifested your "ideal" living situation. Even if you live with none of the amenities that you would like in your current rental, there should be a realization that your thoughts and ideas about yourself and your life have created your current rental situation.

Once you have acknowledged how your thoughts and ideas have created your current rental situation you are ready to set the intention of owning a home. Imagine a farmer who has been wandering the fields with seeds falling out of his pockets, never knowing exactly how plants are sprouting up all around him. Imagine if this farmer realized that it was the seeds of his own pocket that were sprouting up plants, and then intentionally selected seeds from his pocket and deliberately placed them in the fertile soil! This is the same process for manifesting the home of your dreams. The seeds are

your thoughts. You simply need to deliberately place them in the fertile soil of the Universe.

The definition of intention is “**an act or instance of determining mentally upon some action or result.**” This simply means to set the intention in your mind that you are going to manifest the home of your dreams. This can be done through statements such as, “The home of my dreams is coming to me now, or I am manifesting the home of my dreams, or I am going to manifest the home of my dreams which fills me with joy, peace, love, laughter, ...” Intention is a powerful force because it brings the power of the statement to life. You are intending to do something. There is not wavering, no maybe’s or kinda’s or should’s. You are going to manifest the home of your dreams. Period.

Your intention can be a sentence, statement, or paragraph. You can add timeframes such as “this year”, “this month”, “or at the exact perfect time in my life”. What’s good about leaving the timeframe open to the Divine Intelligence is that there isn’t a sense of urgency or pressing The Diving for action. Because you have set the intent to unfold in the exact perfect timeframe, you are also free from deadlines that create stress. When creating your intention, try to include the very powerful words “I am...”. These two words bring your unique personal power to your deliberate intention to manifest the home of your dreams.

After setting the intention to manifest the home of your dreams the next step is to recognize and clear out your limiting beliefs. Limiting beliefs are the thoughts about ourselves and our lives that keep us from the full experience of who we are. Instead, we create a life based on our own “limiting beliefs”. These beliefs may be things like, “I’ll never purchase a home”, “I don’t make enough money to buy a home”, “Buying a home is not possible in this market, or this area”, “It is way to difficult to buy a home”, “the home I’m looking for is too expensive, or I could never afford, etc”. When you acknowledge and identify your limiting beliefs, you take most of the power out of their negative energy.

If you were afraid of the dark when you were younger, like I was, then you can think of limiting beliefs as the perceived monsters under the bed. I can remember being so afraid of whatever was under my bed, and not wanting to put one foot on the floor, because I was certain that whatever was under there would be able to grab my leg and

pull me under. But, once a light was turned on and I could clearly see that there were simply old toys and stuffed animals under my bed (instead of monsters), I was able to go to sleep.

This is the same with your limiting beliefs. Once you shine the light on your limiting beliefs, you are able to see how they are clearly holding you back from the full experience of your life. Shining the light on your limiting beliefs can be done through a few powerful questions that you can ask yourself or statements that you consider. Your answers will illuminate your limiting beliefs and then you can erase them.

To uncover your limiting beliefs about manifesting the home of your dreams, write down the following questions/statements and answers or read the questions and answers out loud and record your responses. Whichever method you select, just make sure to remember your answers to the questions.

1. Why don't I own a home now?
2. Describe the people who have purchased the home of their dreams.  
How much money do they make, where do they live, etc.
3. To purchase the home of my dreams I would have to be \_\_\_\_\_

There are many questions you can ask yourself to uncover your limiting beliefs, but these should give you some information to get started. Once you have written down or recorded your responses, get a piece of paper and pen and place a line down the center of the paper. On the left side of the paper group your responses into two categories: Beliefs about Myself and Beliefs about Money/Real Estate. As you begin filling in your limiting beliefs, you may notice that you think of new ones—add them to the list as well.

Once you have listed your limiting beliefs on the left side of the paper, you will respond to each one of them on the right side of your paper. Refute them, one by one. Do whatever it takes to prove how your limiting belief is not true. This can be from personal experiences, facts, or simply information you know to be true. If one of your limiting beliefs is that you think you have to have thousands of dollars in savings and perfect credit to purchase a home, you can refute that statement by writing down that thousands of people, with less than perfect credit, purchase homes with loans that require

little or no money down. This is a fact! Once you have refuted all of your limiting beliefs, place the document somewhere you can refer to it often. As soon as a limiting belief creeps in, identify it and read how you refuted it on your worksheet. Over time, you will refer to your paper less and less and refute your limiting beliefs from your memory. You will become very good at refuting your limiting beliefs, and soon you will see that many of your negative beliefs are erased entirely. To learn more about erasing your limiting beliefs, google the search term, “limiting beliefs”. There are many websites and books that provide in depth step by step processes for erasing your limiting beliefs.

Now that your intention has been set, and your limiting beliefs are erased, you are ready to focus on envisioning the home of your dreams. A useful tool for manifesting the home of your dreams is to create a vision board. A vision board is a collage of pictures of the goals and dreams you want to attract in your life and one of the most powerful ways to put the law of attraction to work for you.

On your vision board you will want to place all the attributes of your specific dream home. You may want to include textures, words, or other pictures that may reflect the essence of your new home. For example you may include a picture of a wonderful open green field below a blue sky to depict a spacious feeling in your new home. You may also want to include items that you will fill your kitchen, living room, and bedrooms with. Place whatever you want on your vision board that will reflect the essence of your life in your new home. Be sure to place your vision board in a place where you will see it often.

In addition to your vision board you will also want to start driving the neighborhoods where you would like to live. If you would like to live by the ocean, but are not certain where, then drive through coastal neighborhoods. As you drive through the neighborhoods you will get a feel for what you like and don't like about specific neighborhoods. Try to drive the neighborhoods on weekends so you can stop into open homes. This is especially helpful in creating the sights and sounds to go along with your vision of your dream home. You may also find some limiting beliefs coming up as you drive the neighborhoods and stop into open homes—but simply refute them and repeat your intentions to manifest the home of your dreams. Your actions are helping to solidify

the vision of your new home in your mind and drawing you ever closer to manifesting the home of your dreams.

Sometimes buyers who are in the visioning stage are intimidated by the real estate agent who is holding the open house. Do not be intimidated by the real estate agent—this is your opportunity to express your intention to purchase the home of your dreams and speak it into reality! When the agent asks if you are looking to purchase a new home, respond with a passionate “YES!”. You may also respond, “I am in the process of selecting the perfect home in the perfect neighborhood.” If they ask you other questions about being preapproved or working with an agent you can let them know that “ Yes, I have everything I need to purchase my new home”, or “Yes, we are looking at the possibility of living in this neighborhood.” Although the agent may be looking for a new client, this is a wonderful opportunity for you to speak your vision into reality. Responding with “Oh, we’re just looking”, or “We didn’t know it was so expensive”, is simply repeating your limiting beliefs. The wonderful thing about backing up intent and vision with action is that it actively and physically erases your limiting beliefs. If you are actively driving neighborhoods and going into open homes, you’re living your vision. Creating a vision board, along with driving neighborhoods and stopping into open homes, are effortless actions to manifest the home of your dreams.

The final step in the manifesting the home of your dreams is to let go and let the Divine Universe, God, Spirit deal with the details. Many times when you think of letting go, you think of doing nothing. This is not what this means. You are doing something through the actions of setting intentions, erasing your limiting beliefs, and envisioning your new dream home. These actions, along with your commitment to manifest the home of your dreams, gets energy moving! You may notice more chance encounters, friends, and interesting situations that seem to be helping you on your way. Somehow all the information you need, arrives at the exact right time to draw you ever closer to your dream home.

Letting go and not worrying yourself with the details means you never know who you will meet along the way, how you will be helped, and what circumstances and situations will unfold based on your intent and actions to manifest the home of your dreams. This final step also means that you will chose to not worry about how it will be

done, when it will be done, and where it will be done. Your simple action of letting go, shows the Universe, Divine, Spirit, God, that you trust the universal laws that are at work and that everything is unfolding as it should. These conditions create an environment for your home to manifest at the exact perfect moment.

There you have it. I have simply and easily outlined the “**secret**” to manifesting the home of your dreams. Following the five steps outlined here you will most assuredly manifest the home of your dreams. Remember, these steps are not meant to be a morning ritual or fanatical exercise is bending the Universe to our will, rather an effortless process of aligning your highest hopes and dreams with your thoughts and actions to make your dreams a reality. My intent in writing this book is for you to see how effortless it is to manifest the home of your dreams (and anything else in your life). Good Luck!